**SEMINAR**

**Embracing Longevity: Wisdom, Challenges and Opportunities**
**Series 1**

**SPEAKERS**

**Professor Daniela S. Jopp**
Institute of Psychology
University of Lausanne

Prof. Daniela S. Jopp is a member of the Swiss National Center of Competence in Research and was the Director of the Research Laboratory on Health Psychology and Sports at the University of Lausanne for the past two years. Prof. Jopp investigates factors associated with successful development and aging, with a specific focus on psychological mechanisms. She has also initiated an international network of centenarian studies and is the Lead-Principal Investigator of the ongoing interdisciplinary SWISS100 study, the first nation-wide centenarian study in Switzerland.

**Mr. Eric N.Y. Shum**
Department of Counselling and Psychology
Hong Kong Shue Yan University

Mr. Eric Shum is a dedicated researcher and research assistant at Hong Kong Shue Yan University’s Department of Counselling and Psychology. Passionate about improving elderly lives, he focuses on centenarian studies and health literacy. Eric has contributed significantly to the Hong Kong Centenarian Study 2 by conducting 100+ phone interviews with caregivers, offering valuable insights. He eagerly anticipates sharing his findings in an upcoming seminar, benefiting various stakeholders in the field.

**EVENT DETAILS**

Centenarians are increasingly a common sight among metropolises with an ageing population. The seminar will investigate on the centenarians and their life circumstances, by sharing the findings on health, cognition, social and psychological aspects in the context of prior international centenarian studies in USA and Germany. The second part of the seminar will focus on the situation in Hong Kong, by using the findings to help care professionals to appreciate the heterogeneity underlying partial successful ageing in this vulnerable cohort, as well as to highlight the challenges and the social care needs for providing familial care for each latent class of centenarians.

**PANEL DISCUSSION**

Dr. Karen S.L. Cheung, Director, Mindlink Research Centre
Dr. Bobo H.P. Lau, Associate Professor, Hong Kong Shue Yan University
Professor Vivian W.Q. Lou, Director, Sau Po Centre on Ageing

**12 March 2024 (Tuesday)**
4:00PM – 6:00 PM
MWT2, G/F, Meng Wah Complex,
Main Campus,
The University of Hong Kong,
Pokfulam, Hong Kong

Please contact Ms. Sue Liang by email at sue_liang@hku.hk for any enquiries.

In alliance with GSA AAA interest group

**Registration for HKU members**
(HKU Portal login is required)
https://bit.ly/3UHHiAa

**Registration for non-HKU members**
https://bit.ly/3uA0tBo