



SAU PO CENTRE ON AGEING, HKU  
香港大學秀圃老年研究中心

# SEMINAR

## Embracing Longevity: Wisdom, Challenges and Opportunities Series 1

### SPEAKERS



**Professor Daniela S. Jopp**  
Institute of Psychology  
University of Lausanne

Prof. Daniela S. Jopp is a member of the Swiss National Center of Competence in Research and was the Director of the Research Laboratory on Health Psychology and Sports at the University of Lausanne for the past two years. Prof. Jopp investigates factors associated with successful development and aging, with a specific focus on psychological mechanisms. She has also initiated an international network of centenarian studies and is the Lead-Principal Investigator of the ongoing interdisciplinary SWISS100 study, the first nation-wide centenarian study in Switzerland.



**Mr. Eric N.Y. Shum**  
Department of Counselling and  
Psychology  
Hong Kong Shue Yan University

Mr. Eric Shum is a dedicated researcher and research assistant at Hong Kong Shue Yan University's Department of Counselling and Psychology. Passionate about improving elderly lives, he focuses on centenarian studies and health literacy. Eric has contributed significantly to the Hong Kong Centenarian Study 2 by conducting 100+ phone interviews with caregivers, offering valuable insights. He eagerly anticipates sharing his findings in an upcoming seminar, benefiting various stakeholders in the field.

### EVENT DETAILS

Centenarians are increasingly a common sight among metropolises with an ageing population. The seminar will investigate on the centenarians and their life circumstances, by sharing the findings on health, cognition, social and psychological aspects in the context of prior international centenarian studies in USA and Germany. The second part of the seminar will focus on the situation in Hong Kong, by using the findings to help care professionals to appreciate the heterogeneity underlying partial successful ageing in this vulnerable cohort, as well as to highlight the challenges and the social care needs for providing familial care for each latent class of centenarians.

### PANEL DISCUSSION

Dr. Karen S.L. Cheung, Director, Mindlink Research Centre  
Dr. Bobo H.P. Lau, Associate Professor, Hong Kong Shue Yan University  
Professor Vivian W.Q. Lou, Director, Sau Po Centre on Ageing



12 March 2024 (Tuesday)  
4:00PM – 6:00 PM



MWT2, G/F, Meng Wah Complex,  
Main Campus,  
The University of Hong Kong,  
Pokfulam, Hong Kong



Please contact Ms. Sue Liang by email at  
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In alliance with GSA AAA interest group

Registration for HKU members  
(HKU Portal login is required)  
<https://bit.ly/3UHHiAa>



Registration for  
non-HKU members  
<https://bit.ly/3uA0tBo>

